

## ANALYTICAL STABILITY INDICATING UPLC ASSAY AND VALIDATION OF FLUTICASONE PROPIONATE IN NASAL SPRAY INHALER DOSAGE FORM

Anas Rasheed\*<sup>1</sup> and Dr. Osman Ahmed<sup>2</sup>

<sup>1</sup>Research Scholar, Faculty of Pharmacy, Pacific Academy of Higher Education and Research University, Udaipur.

<sup>2</sup>Research Supervisor, Faculty of Pharmacy, Pacific Academy of Higher Education and Research University, Udaipur.

\*Corresponding Author: Anas Rasheed

Research Scholar, Faculty of Pharmacy, Pacific Academy of Higher Education and Research University, Udaipur.

Email ID: [anasrasheed6500@gmail.com](mailto:anasrasheed6500@gmail.com).

Article Received on 10/05/2017

Article Revised on 25/05/2017

Article Accepted on 13/06/2017

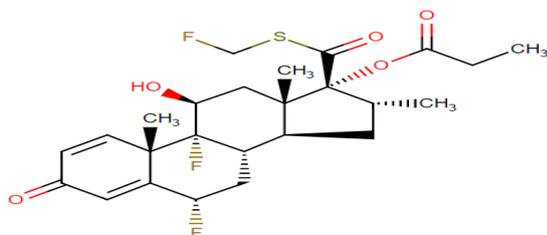
### ABSTRACT

A selective, precise, accurate and stability indicating UPLC method is validated for estimation of Fluticasone propionate in nasal spray inhaler dosage form. The method employed, with Hypersil BDS C18 (100 mm x 2.1 mm, 1.7  $\mu$ m) column in gradient mode, with mobile phase of Methanol and Acetonitrile in the ratio of 50:50 %v/v. The flow rate was 1.2 ml/min and effluent was monitored at 240nm. Retention time was found to be 13.224 $\pm$ 0.005 min. The method was validated in terms of linearity, accuracy, precision, limit of detection (LOD), limit of quantification (LOQ) etc. in accordance with ICH guidelines. Linear regression analysis data for the calibration plot showed that there was good linear relationship between response and concentration in the range of 2- 10 $\mu$ g/ml respectively. The LOD and LOQ values for were found to be 0.20947 ( $\mu$ g/ml) and 0.63446 ( $\mu$ g/ml) respectively. No chromatographic interference from nasal spray inhaler's excipients and degradants were found. The proposed method was successfully used for estimation of Fluticasone propionate in dry powder inhaler dosage form.

**KEYWORDS:** Fluticasone propionate, UPLC, Validation, nasal spray inhaler, stability indicating method.

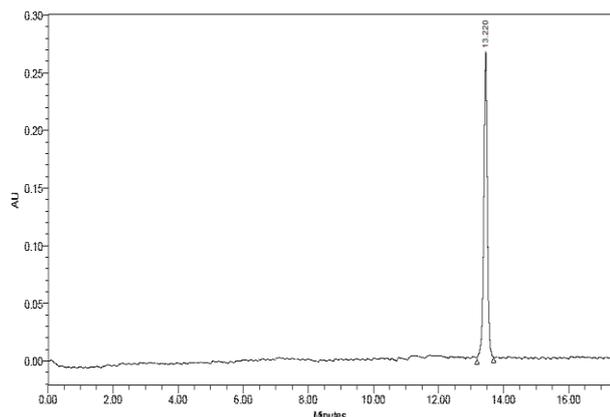
### INTRODUCTION

Fluticasone propionate, a medium-potency synthetic corticosteroid, is used orally for the treatment of asthma. Chemically it is, (1R,2S,8S,10S,11S,13R, 14R,15S,17S)-1,8-difluoro-14-[[[(fluoromethyl)sulfanyl] carbonyl]-17-hydroxy - 2,13,15-trimethyl-5-oxotetracyclo [8.7.0.0<sup>2,7</sup>.0<sup>11,15</sup>]heptadeca-3,6-dien-14-yl propanoate.<sup>[1-4]</sup> When it is used as an inhaler; the medication goes directly into the lungs, and very little amount finds its way into the rest of the body and act as anti-inflammatory. Fluticasone propionate drug is official in IP, BP, EP and USP.<sup>[5-7]</sup>



**Fig1: Molecular Structure of Fluticasone propionate (1R,2S,8S,10S,11S,13R, 14R,15S,17S)-1,8-difluoro-14-[[[(fluoromethyl)sulfanyl] carbonyl]-17-hydroxy - 2,13,15-trimethyl-5-oxotetracyclo [8.7.0.0<sup>2,7</sup>.0<sup>11,15</sup>]heptadeca-3,6-dien-14-yl propanoate.**

Regulatory agencies recommend the use of stability indicating methods (SIMs) for the analysis of stability samples. This requires stress studies in order to generate the potential related impurities under stressed conditions, method development and validation. With the evident of the International Conference on Harmonization (ICH) guidelines, requirements for the establishment of SIMs have become more clearly mandated.<sup>[8-11]</sup> Environmental conditions including light, heat and the susceptibility of the drug product towards hydrolysis or oxidation can play an important role in the production of potential impurities. Stress testing can help identifying degradation products and provide important information about intrinsic stability of the drug product.<sup>[12-13]</sup> Therefore, herein we report the results of stability study of Fluticasone propionate with the aim of determining the extent of the influence of different stress conditions on the stability of the nasal spray product.



**Fig 2: Standard Chromatogram of Fluticasone propionate, using mobile phase of Methanol and Acetonitrile in the ratio of 50:50 %v/v.**

**EXPERIMENTAL MATERIALS**

Fluticasone propionate (99.80 % purity) used as analytical standard was procured from Spectrum Labs (Hyderabad). HPLC grade methanol, Acetonitrile (HPLC grade) was purchased from Qualigens fine chemicals, Mumbai, India. Distilled, 0.45 µm filtered water used for UPLC quantification and preparation of buffer. Buffers and all other chemicals were analytical grade. The commercial nasal spray -dosage (Flonase) labeled to contain 50mcg/md of Fluticasone propionate. All chemicals used were of pharmaceutical or special analytical grade.

**Instrumentation**

Acquity, Waters UPLC system consisting of a Water 2695 binary gradient pump, an inbuilt auto sampler, a column oven and Water 2996 wavelength absorbance detector (PDA) was employed throughout the analysis. The data was collected using Empower 2 software. The column used was Hypersil BDS C18 (100 mm x 2.1 mm, 1.7 µm). A Band line sonerex sonicator was used for enhancing dissolution of the compounds. A Labindia pH System 362 was used for pH adjustment.

**Chromatographic Conditions**

**Table 1: Chromatographic Conditions of the validating method.**

Parameter	Value
Column	Hypersil BDS C18 (100 mm x 2.1 mm, 1.7 µm)
Mobile Phase	Methanol and Acetonitrile in the ratio of 50:50 %v/v
Flow rate	1.2 mL/min
Run time	16 Min.
Column Temperature	Maintained at ambient temperature
Injection volume	20 µL
Detection wavelength	220nm
Diluent	Mobile Phase

**Preparation of Standard Stock Solution**

**Preparation of Diluent**

In order to achieve the separation under the optimized conditions after experimental trials that can be summarized. Stationary phase like Hypersil BDS C18 (100 mm x 2.1 mm, 1.7 µm) column was most suitable one, since it produced symmetrical peaks with high resolution and a very good sensitivity and with good resolution. The flow rate was maintained 1.2 mL min<sup>-1</sup> shows good resolution. The PDA detector response of Fluticasone propionate was studied and the best wavelength was found to be 220 nm showing highest sensitivity.

The mixture of two solutions methanol and acetonitrile in the ratio of 50:50%v/v with gradient programming was used as mobile phase at 1.2mL/min was found to be an appropriate mobile phase for separation of Fluticasone propionate. The column was maintained at ambient temperature.

**Preparation of internal standard solution**

Weighed accurately about 10 mg of Testosterone propionate working standard and transfer to 100 ml volumetric flask, add 50 ml of mobile phase and sonicate to dissolve it completely and then volume was made up to the mark with mobile phase to get 100 µg/ml of standard stock solution of working standard. Then it was ultrasonicated for 10 minutes and filtered through 0.20µ membrane filter.

**Preparation of Fluticasone propionate standard solution**

Weighed accurately about 10 mg of Fluticasone propionate and transfer to 100 ml volumetric flask, add 50 ml of mobile phase and sonicate to dissolve it completely and then volume was made up to the mark with mobile phase to get 100 µg/ml of standard stock solution of working standard. Then it was ultrasonicated for 10 minutes and filtered through 0.20 µ membrane filter. Linearity was determined in the range of 2- 10 µg mL<sup>-1</sup>.

**Stability Indicating Studies**

Stability Indicating studies like acid hydrolysis, basic hydrolysis; wet heat degradation and oxidative degradation were carried out.

**RESULTS AND DISCUSSIONS**

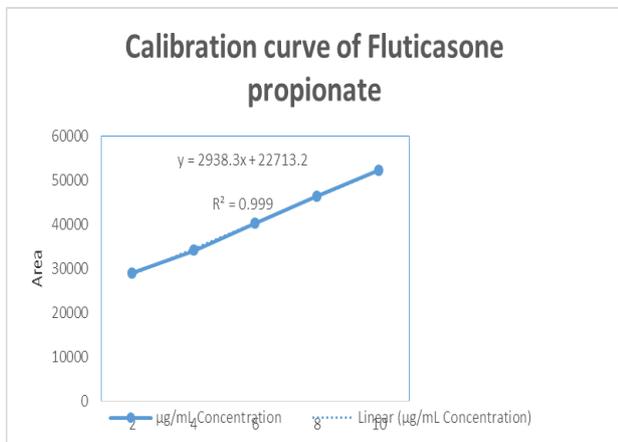
**Validation**

The analytical method was validated with respect to parameters such as linearity, precision, specificity and accuracy, limit of detection (LOD), limit of quantitation (LOQ) and robustness in compliance with ICH guidelines.

**Linearity and Range**

The linearity of an analytical procedure is the ability to obtain test results that are directly proportional to the concentration of an analyte in the sample.

The calibration curve showed good linearity in the range of 2 – 10 µg/ml, for Fluticasone propionate (API) with correlation coefficient (r<sup>2</sup>) of 0.9995. A typical calibration curve has the regression equation of  $y = 2938.3x + 22713.2$  for Fluticasone propionate. Results are given in Table 2.



**Limit of Detection (LOD) and Limit of Quantitation (LOQ)**

The LOD and LOQ of Fluticasone propionate were calculated by mathematical equation.  $LOD = 3.3 \times \text{standard deviation} \div \text{slope}$  and  $LOQ = 10 \times \text{standard deviation} \div \text{slope}$ . The LOD of Fluticasone propionate was found to be 0.20947 (µg/ml) and the LOQ of Fluticasone propionate was found to be 0.63446 (µg/ml). Results are given in Table 2.

**Table 2: Summary of validation parameters for the proposed method.**

Parameter	Fluticasone propionate
Linearity	2 – 10 µg/ml
Intercept (c)	22713.2
Slope (m)	2938.3
Correlation coefficient	0.9995
LOD	0.20947 (µg/ml)
LOQ	0.63446 (µg/ml)

**Precision**

The Precision of the method was studied in terms of intraday and interday precision of sample injections (4µg/ml). Intraday precision was investigated by injecting six replicate samples of each of the sample on

**Table 4: Results of accuracy study**

Fluticasone propionate						
Level %	Amount added (µg/ml)	Amount found (µg/ml)	% Recovery	Mean recovery (%)	Std. Dev	% RSD
50	02.02	02.01	99.54	99.45	0.1115	0.11%
100	04.04	04.02	99.50			
150	06.06	06.02	99.33			

the same day. The % RSD was found to be 0.23%. Interday precision was assessed by analysis of the 6 solutions on three consecutive days. The % RSD obtained was found to be 0.1%. Low % RSD values indicate that the method is precise. The results are given in table 3.

**Accuracy**

To study the accuracy of method, recovery studies were carried out by spiking of standard drug solution to pre-analyzed sample at three different levels i.e., at 50, 100, and 150%. The resultant solutions were then reanalyzed by the proposed method. At each level of the amount, six determinations were performed. From the data obtained, the method was found to be accurate. The % recovery and %RSD were calculated and presented in Table 4.

**Robustness**

Small deliberate changes in chromatographic conditions such as change in temperature ( $\pm 2^\circ\text{C}$ ), flow rate ( $\pm 0.1\text{ml/min}$ ) and wavelength of detection ( $\pm 2\text{nm}$ ) were studied to determine the robustness of the method. The results were in favour of ( $\% \text{RSD} < 2\%$ ) the developed UPLC method for the analysis of Fluticasone propionate. The results are given in table 5.

**Table 3: Results of Precision Studies.**

Replicate	Fluticasone propionate			
	S.No.	Concentration Taken (µg/ml)	Area	%LC
	1	04.00	34281	99.39%
	2		34388	99.08%
	3		34275	99.41%
	4		34453	98.90%
	5		34422	98.99%
	6		34437	98.94%
	<b>Average</b>			99.11%
	<b>Std. Dev</b>			0.2263
	<b>% RSD</b>			0.23%
	<b>Standard weight</b>			4mcg
	<b>Standard potency</b>			99.80%

**Table 5: Results of Robustness Studies.**

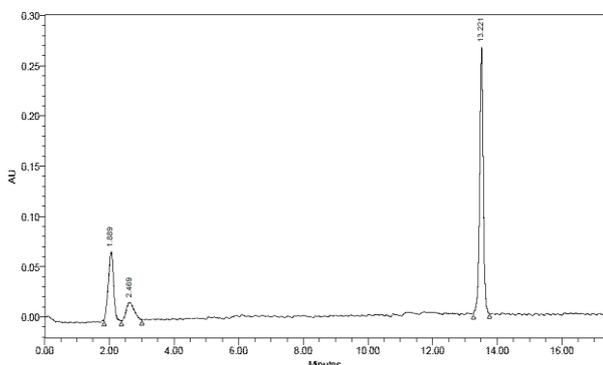
Robustness Studies			
Parameter	Value	Peak Area	% RSD
Flow Rate	Low	34556	0.7%
	Actual	34589	
	Plus	34607	
Temperature	Low	34687	0.04%
	Actual	34702	
	Plus	34717	
Wavelength	Low	34559	0.05%
	Actual	34580	
	Plus	34596	

**Results of Stability Indicating Studies**

According to Singh and Bakshi, the stress testing suggests a target degradation of 20-80 % for establishing stability indicating nature of the method. UPLC study of samples obtained on stress testing of Fluticasone propionate under different conditions using mixture Methanol and Acetonitrile in the ratio of 50:50 %v/v as a mobile solvent system suggested the following degradation behaviour.

**Acid hydrolysis**

An accurate 10 ml of pure drug sample solution was transferred to a clean and dry round bottom flask (RBF). 30 ml of 0.1 N HCl was added to it. It was refluxed in a water bath at 60°C for 4 hours. Drug became soluble after reflux which was insoluble initially. Allowed to cool at room temperature. The sample was then neutralized using 2N NaOH solution and final volume of the sample was made up to 100ml with water to prepare 100ppm solution. It was injected into the UPLC system against a blank of Methanol and Acetonitrile in the ratio of 50:50 %v/v after optimizing the mobile phase composition, chromatogram was recorded and shown in Fig. 3.

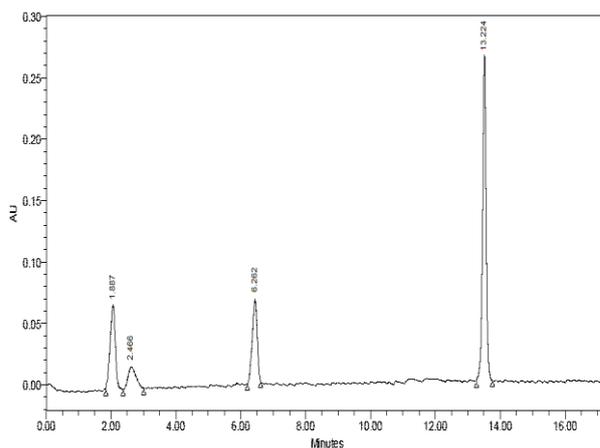


**Fig 3: Chromatogram showing the degraded products in Acidic degradation.**

**Basic hydrolysis**

An accurate 10 ml of pure drug sample solution was transferred to a clean and dry RBF. 30 ml of 0.1N NaOH

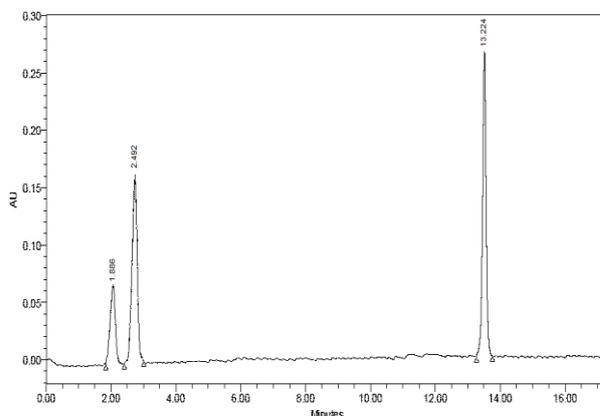
was added to it. It was refluxed in a water bath at 60°C for 4 hours. Drug became soluble after reflux which was insoluble initially. It was allowed to cool at room temperature. The sample was then neutralized using 2N HCl solution and final volume of the sample was made up to 100ml with water to prepare 100ppm solution. It was injected into the UPLC system against a blank of Methanol and Acetonitrile in the ratio of 50:50 %v/v after optimizing the mobile phase composition, chromatogram was recorded and shown in Fig. 4.



**Fig 4: Chromatogram showing the degraded products in Basic degradation.**

**Wet heat degradation**

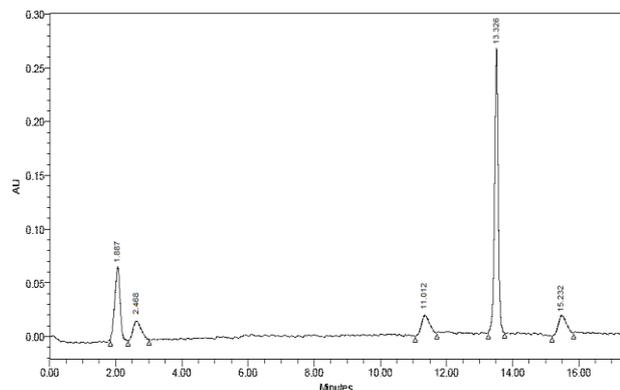
Accurate 10 ml of pure drug sample was transferred to a clean and dry RBF. 30 ml of HPLC grade water was added to it. Then, it was refluxed in a water bath at 60°C for 6 hours uninterruptedly. After the completion of reflux, the drug became soluble and the mixture of drug and water was allowed to cool at room temperature. Final volume was made up to 100 ml with HPLC grade water to prepare 100 ppm solution. It was injected into the UPLC system against a blank of Methanol and Acetonitrile in the ratio of 50:50 %v/v after optimizing the mobile phase composition, chromatogram was recorded and shown in Fig. 5.



**Fig 5: Chromatogram showing the degraded products in Wet heat degradation.**

**Oxidation with (3%) H<sub>2</sub>O<sub>2</sub>**

Approximately 10 ml of pure drug sample was transferred in a clean and dry 100 ml volumetric flask. 30 ml of 3% H<sub>2</sub>O<sub>2</sub> and a little methanol was added to it to make it soluble and then kept as such in dark for 24 hours. Final volume was made up to 100 ml using water to prepare 100 ppm solution. The above sample was injected into the UPLC system. The chromatogram was recorded and shown in Fig. 6.



**Fig 6: Chromatogram showing the degraded products in H<sub>2</sub>O<sub>2</sub>.**

In all degradation studies, there was a significant formation of degradation products when compared to that of a standard. This indicates that, the drug may be degraded to low molecular weight non-chromophoric compounds.

**Table 6: Stability indicating study for the developed method.**

Nature of Stress	Degradation condition	Time (h)	Number of degradation products (Rt)
Acidic	60°C	3	2 (1.889, 2.469)
Basic	60°C	9	3 (1.887, 2.466, 6.262)
Oxidative	RT	48	4 (1.887, 2.468, 11.012, 15.232)
Wet Heat	105°C	24	2 (1.886, 2.492)

**CONCLUSION**

A selective and sensitive stability indicating UPLC method has been validated for the analysis of Fluticasone propionate in bulk drug and nasal spray inhaler dosage form. Based on peak purity results, obtained from the analysis of stability indicating studying samples using described method, it can be concluded that the absence of co-eluting peak along with the main peak of Fluticasone propionate indicated that the developed method is specific for the estimation of Fluticasone propionate in presence of degradation products. Further the proposed UPLC method has excellent precision, sensitivity and reproducibility. Even though no attempt has been made to identify the degraded products,

proposed method can be used as stability indicating method for assay of Fluticasone propionate in commercial formulations.

**REFERENCES**

- Center watch: Foradil Aerolizer, formoterol fumarate inhalation powder, <http://www.centerwatch.com/drug-information/fda-approveddrugs/drug/724/foradil-aerolizer-formoterol-fumarate-inhalation-powder>.
- Rang HP, Dale MM, Ritter JM, Flower RJ, and Henderson G. Rang & Dale's Pharmacology. 6th ed., Elsevier Churchill Livingstone, 2007; 357-387.
- Tripathi KD. Essentials of Medical Pharmacology. 6th ed., New Delhi: Jaypee Brothers Medical Publications, 2008; 216-227.
- The Indian Pharmacopoeia. Ghaziabad: The Indian Pharmacopoeia Commission: 6th ed, 2010; II: 1382-1384, 1386-1387.
- British Pharmacopoeia. London Her Majesty's Stationary Office, 2013; II: 974- 976, 984-986.
- United States Pharmacopoeia 30. National Formulary 25. Rockville, USA, United States Pharmacopoeia Convention, 2013; II: 3653-3657, 3669-3670.
- European Pharmacopoeia 7.2. European Directorate for the Quality of Medicine and Healthcare, II: 2059-2060, 2067-2069.
- Malik K, Kumar D, Tomar V, Kaskhedikar S, Soni L. (Simultaneous quantitative determination of Formoterol fumarate and Fluticasone propionate by validated RP-HPLC method in metered dose inhaler), Der. Pharmacia. Sinica, 2011; 2: 77-84.
- Fixed Dose Combinations Approved By DCG (I) Since 1961; Till February, [http://www.cdsco.nic.in/Approved%20FDCs%20by%20DCG\(I\).pdf](http://www.cdsco.nic.in/Approved%20FDCs%20by%20DCG(I).pdf).
- Rasheed A et al., Analytical Method Development and Validation for the Simultaneous Estimation of Aspirin, Clopidogrel Bisulphate and Atorvastatin Calcium in Tablet Dosage Form. American Journal of PharmTech Research 2014.
- Anas Rasheed, Dr. Osman Ahmed. UPLC method optimization and validation for the estimation of sodium cromoglycate in pressurized metered dosage form. Int J App Pharm Sci Res, 2017; 2(2): 18-24. <http://dx.doi.org/10.21477/ijapsr.v2i2.7774>.
- Anas Rasheed, Dr. Osman Ahmed UPLC method development and validation for the determination of Chlophedianol hydrochloride in syrup dosage form. Int J App Pharm Sci Res, 2017; 2(2): 18-24. <http://dx.doi.org/10.21477/ijapsr.v2i2.7775>.
- Raval et al. Estimation of fluticasone propionate in nasal Preparation and in combination with formoterol Fumarate in inhalation preparation; World journal of pharmacy and pharmaceutical sciences, 3(6): 1148-1.